

# Warm Ups for Jonah

A Unique Warm Up Written For Jonah Zimmerman  
Skills Include: Soft Playing, Downward Slurs, Large Leaps

## The Classic Long Tone

The musical score consists of seven staves of music in bass clef, 4/4 time, with a key signature of one flat (B-flat). The tempo is marked as quarter note = 40 - 100. The piece features various dynamics and articulations:

- Staff 1: Quarter notes G2, A2, Bb2, C3, D3, E3, F3, G3.
- Staff 2: Quarter notes G3, A3, Bb3, C4, D4, E4, F4, G4.
- Staff 3: Quarter note G4 with a fermata, followed by a double bar line and a new section starting with quarter notes G4, A4, Bb4, C5, D5, E5, F5, G5. Dynamics include *pppp*, *mf*, and *pp*.
- Staff 4: Quarter notes G5, A5, Bb5, C6, D6, E6, F6, G6. A large "Sample" watermark is overlaid on this staff.
- Staff 5: Quarter notes G6, A6, Bb6, C7, D7, E7, F7, G7. Dynamics include *pppp*.
- Staff 6: Quarter notes G7, A7, Bb7, C8, D8, E8, F8, G8. Dynamics include *mf*.
- Staff 7: Quarter notes G8, A8, Bb8, C9, D9, E9, F9, G9. Dynamics include *pppp*.

Two staves of musical notation in bass clef, 4/4 time, B-flat major. The first staff starts with a dynamic marking of *mf* and ends with *pp*. The second staff ends with a dynamic marking of *pppp*.

### 3 Note Slur Plus Juice

Perform pattern on ALL valve combinations

♩ = 40 - 100

Two staves of musical notation in bass clef, 4/4 time, B-flat major. The first staff starts with a dynamic marking of *p-mp*. The second staff continues the pattern.

### A Little Light Tongue

Perform a minimum of 3 time on your 3 most hated scale.

♩ = 60 - 152

# Sample

Three staves of musical notation in bass clef, 4/4 time, D major. The first staff starts with a dynamic marking of *mf*.

# Lip Slur Twister

Perform with lip slurs whenever possible, use ALL available valve combinations.

♩ = 60 - 152

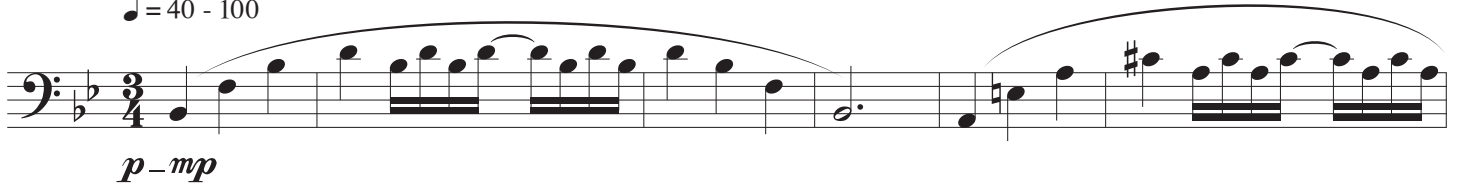
The musical score consists of seven staves of music in bass clef, 5/4 time signature, and a key signature of two flats (B-flat and E-flat). The first staff begins with a dynamic marking of *p*. The music is characterized by frequent lip slurs, indicated by curved lines above the notes. The notes are primarily eighth and quarter notes, often beamed together. The piece concludes with a double bar line at the end of the seventh staff.

Sample

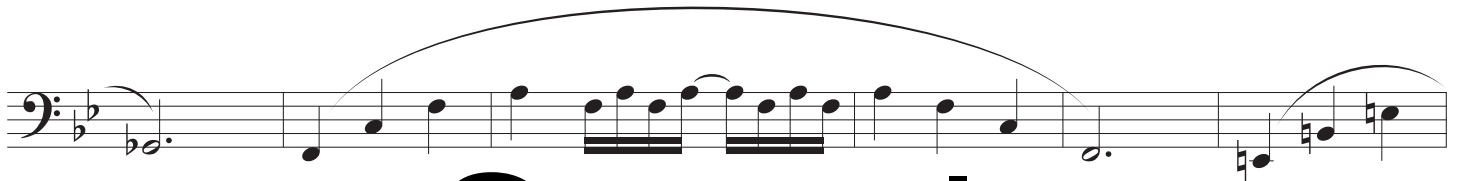
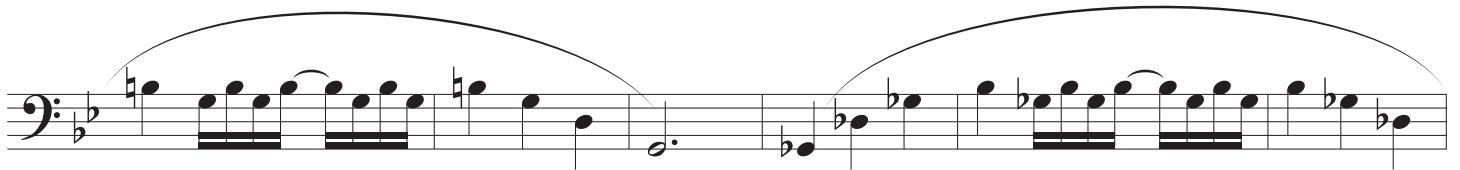
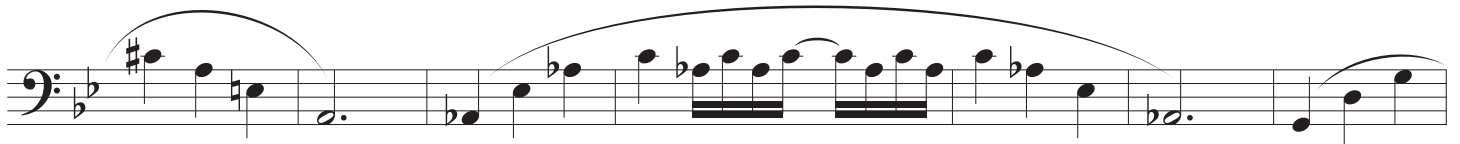
## 4 Note Slur with Lip Flip

Perform Pattern with all valve combinations.

♩ = 40 - 100



*p-mp*

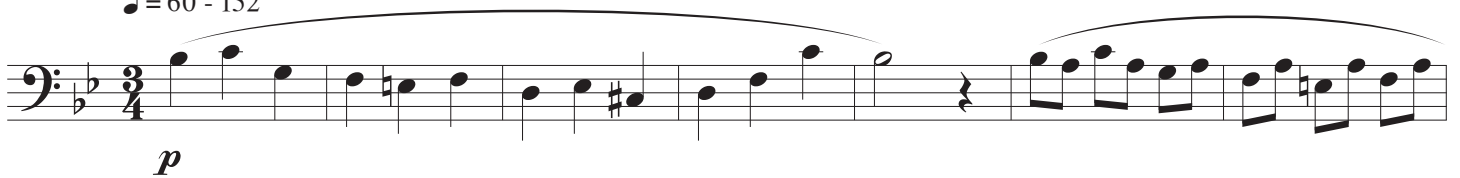


# Sample

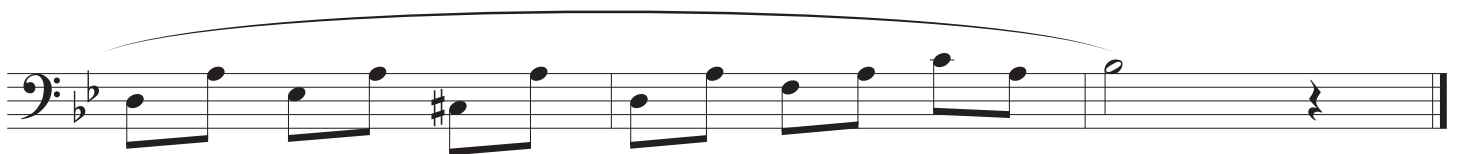
## Toggles Scale Study

Perform with the quarter note pattern and the eighth note pattern with consistent air. Once familiar with this exercise introduce articulation patterns to keep it fresh.

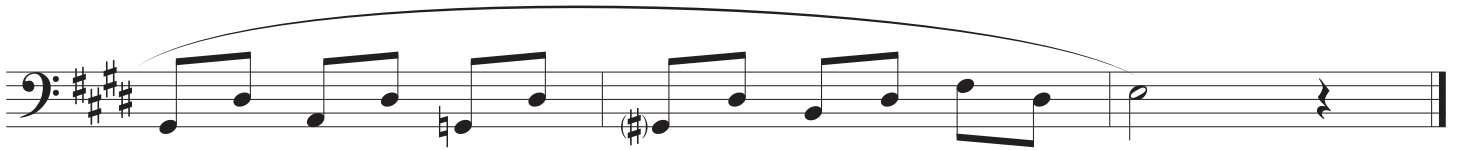
♩ = 60 - 152



*p*







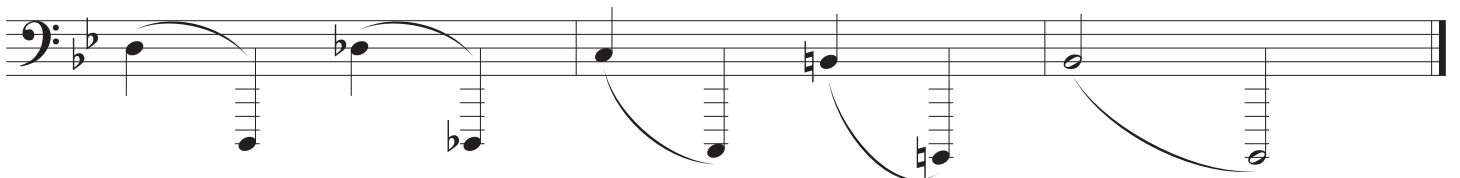
## Drop the Euph

Give attention to maintaining a core tone on the lower notes. Outside of a warm up this may be practiced at increasingly loud volumes.

♩ = 40 - 150



# Sample



# Two Octave Lip Slur

♩ = 60 - 80

# Beyonce Power Harmony Shifts

If breath or pause is needed do so before the arpeggio, never before the harmony shifts. If notes feel tight, perform with slurs as shown below.

♩ = 60 - 152 *sempre staccato*

The musical score consists of eight staves of music in bass clef, 3/4 time, and B-flat major. The first staff includes the tempo marking '♩ = 60 - 152' and the instruction 'sempre staccato'. The first two notes of the first staff are marked with a dynamic range of 'p-f'. The score features a variety of rhythmic patterns, including eighth and sixteenth notes, and rests. A large, semi-transparent watermark reading 'Sample' is centered over the middle of the page. The final staff concludes with a double bar line.





Musical staff 1: Bass clef, 3/4 time signature, key signature of three flats. Dynamics: *p*, *f*, *pp*.

Musical staff 2: Bass clef, 3/4 time signature, key signature of one flat. Dynamics: *p*, *f*, *pp*.

Musical staff 3: Bass clef, 3/4 time signature, key signature of two sharps. Dynamics: *p*, *f*, *pp*.

Musical staff 4: Bass clef, 3/4 time signature, key signature of two flats. Dynamics: *p*, *f*, *pp*.

Musical staff 5: Bass clef, 3/4 time signature, key signature of one sharp. Dynamics: *p*, *f*.

Sample



# Etude No. 1

Good Luck!

(Rips may be performed however you desire.)

$\text{♩} = 60$

*mp* *p* *mf* *p*

*p* *mf* *p*

*subito p* *mf* *p* *mf*

*rit.* *a tempo* *f*

$\text{♩} = 40$  *accel.*  $\text{♩} = 132$

*pp* *mf* *p* *ff*

**Sample**

*accel.*  $\text{♩} = 150$

*f* *ff* *8va-1*

*fff* *p* *8va-1* *p* *pppp*

*a tempo*

# Sample